

Diabetes Care[®]

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SUPPLEMENT
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AMERICAN DIABETES ASSOCIATION

STANDARDS OF MEDICAL CARE IN DIABETES—2018

Antihyperglycemic Therapy in Adults with Type 2 Diabetes

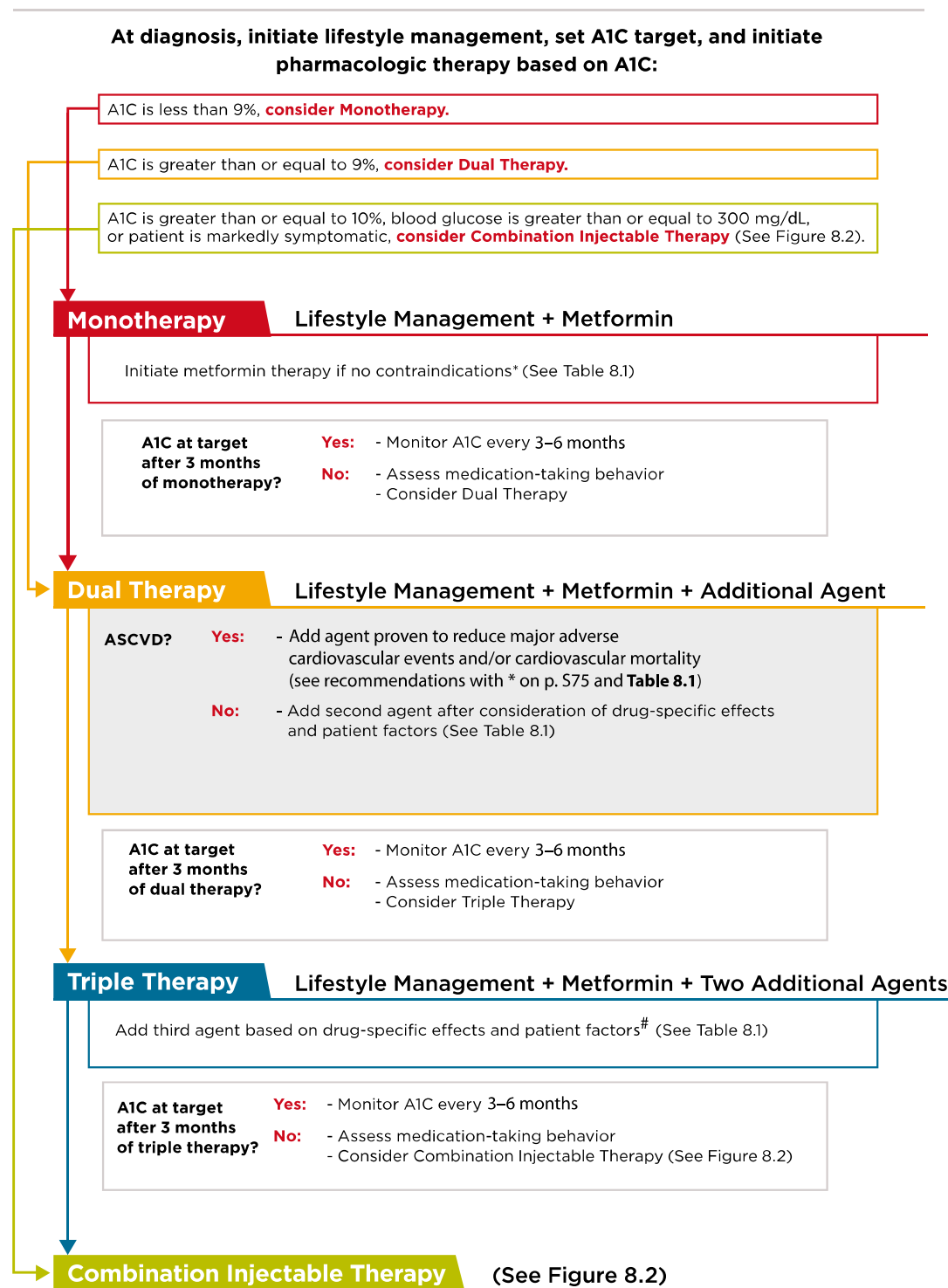


Figure 8.1—Antihyperglycemic therapy in type 2 diabetes: general recommendations. *If patient does not tolerate or has contraindications to metformin, consider agents from another class in Table 8.1. #GLP-1 receptor agonists and DPP-4 inhibitors should not be prescribed in combination. If a patient with ASCVD is not yet on an agent with evidence of cardiovascular risk reduction, consider adding.

inhibitor, SGLT2 inhibitor, GLP-1 receptor agonist, or basal insulin (**Fig. 8.1**); the choice of which agent to add is based on drug-specific effects and patient factors (**Table 8.1**). For patients with ASCVD, add a

second agent with evidence of cardiovascular risk reduction after consideration of drug-specific and patient factors (see p. S77 **CARDIOVASCULAR OUTCOMES TRIALS**). If A1C target is still not achieved after ~3 months of

dual therapy, proceed to a three-drug combination (**Fig. 8.1**). Again, if A1C target is not achieved after ~3 months of triple therapy, proceed to combination injectable therapy (**Fig. 8.2**). Drug choice is based on

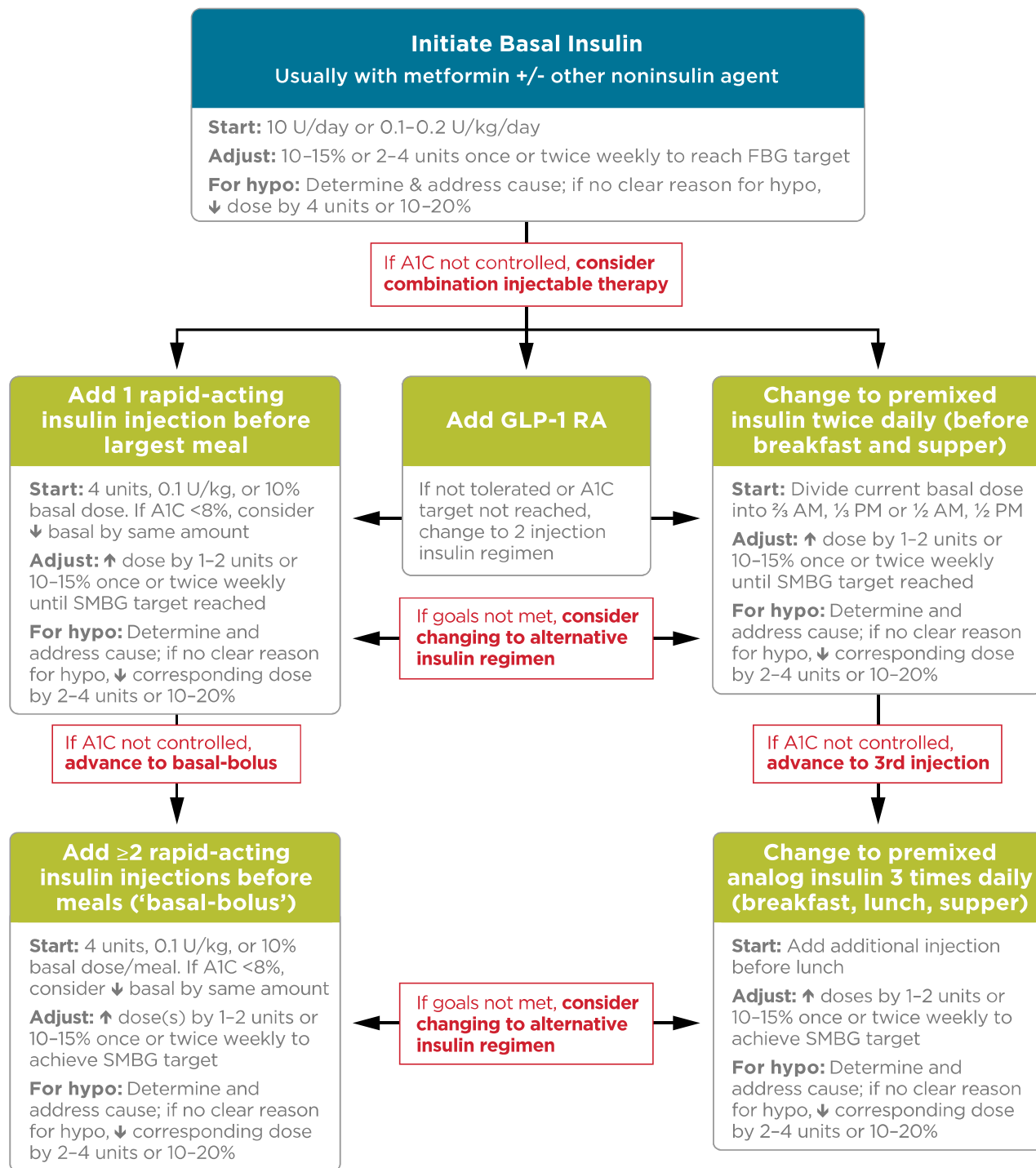


Figure 8.2—Combination injectable therapy for type 2 diabetes. FBG, fasting blood glucose; hypo, hypoglycemia. Adapted with permission from Inzucchi et al. (31).

patient preferences (37), as well as various patient, disease, and drug characteristics, with the goal of reducing blood glucose levels while minimizing side effects, especially hypoglycemia. If not already included in the treatment regimen, addition of an agent with evidence of cardiovascular risk reduction should be considered in patients with ASCVD beyond

dual therapy, with continuous reevaluation of patient factors to guide treatment (Table 8.1).

Table 8.2 lists drugs commonly used in the U.S. Cost-effectiveness models of the newer agents based on clinical utility and glycemic effect have been reported (38). Table 8.3 provides cost information for currently approved noninsulin therapies.

Of note, prices listed are average wholesale prices (AWP) (39) and National Average Drug Acquisition Costs (NADAC) (40) and do not account for discounts, rebates, or other price adjustments often involved in prescription sales that affect the actual cost incurred by the patient. While there are alternative means to estimate medication prices, AWP and NADAC